

October 20, 2024  
A Cathedral in Time  
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Read **Genesis 2:1-3** (NIV): *Thus the heavens and the earth were completed in all their vast array. 2 By the seventh day God had finished the work he had been doing; so on the seventh day he rested from all his work. 3 Then God blessed the seventh day and made it holy, because on it he rested from all the work of creating that he had done.*

1. What does “Sabbath” mean? Why did Bobby call it “a cathedral in time”?
2. How do we keep the Sabbath now as Christians in our day and culture?
3. Discuss the meaning of the following statement: Just as temples marked out sacred spaces where people could encounter transcendent reality, so the Sabbath marks out a space in time that says “True North” is to be found here.
4. Our lives can be compared to a jar into which we need to put the “big rocks” (our highest priorities) first, and only then add the “gravel and sand” of the other things in our lives. What are some “big rocks” for you personally?
5. Genesis 1 and 2 are not primarily concerned with the material origin of the universe, but rather with its purpose, order, function, and meaning. In a similar way, NSCBC is more than just a building. It’s a community of people who’ve been transformed by God through Jesus Christ, who are seeking to love him and love our neighbors as ourselves, who meet weekly to remember the gospel and to serve our mission to see a gospel movement on the North Shore. Talk about ways that each of us as individuals can participate in this mission.
6. Tim Keller said that the reason we find it so hard to rest is because there’s a deeper work beneath our work, and Arthur Miller in his play *After the Fall* referred to this as “litigating before an empty bench.” What did Keller and Miller mean? If you’ve experienced this feeling, share about that.
7. Eugene Peterson pointed out that the Sabbath begins with us simply not doing anything. Why is this significant? How can God’s idea of Sabbath free us from feeling defined by what we do?
8. What does it mean to “keep time with God”? How do we do this, and what are the results of living in step with God’s rhythm?
9. How did Jesus keep in step with God? How did Jesus restore the Sabbath?
10. What did you sense God saying to you through this passage and this message?